

# VOLUNTEER OPPORTUNITY

Volunteer position title:	Peer Support Volunteer	Posting date:	March 26, 2020
Staff Resource Person, contact information:	Joël Xavier and Griffin Taylor	Posting closing date:	April 2, 2020 for first training (ongoing opportunity)
Location:	<b>This work will be done remotely for now, with possibility of in-person support once public health restrictions are lifted.</b>	Position duration:	2 months, possibility of renewal
Position type:	On-going	Service area:	Individual support to guys into guys via Mental Health programming at MAX

## STATEMENT OF VOLUNTEER VALUE

As a volunteer, you will play a crucial part in the daily life of MAX. Without you, the organization would have a much harder time in completing its mission and attaining its vision. At MAX, we value the diversity of experiences and knowledge that our volunteers bring. We see the time and efforts you provide as a unique gift in helping us create larger networks of social connection and in reducing health barriers for guys into guys.

## PURPOSE OF THE POSITION

The purpose of this position is to provide one-on-one support and improve pathways to care for guys into guys across their lifecourse. The Peer Support Volunteer will provide support to participants by practicing active listening, a strengths-based and anti-oppression approach to problem solving, and occasional referrals to resources. The volunteer will report to, and be supported by, our Health and Wellness Coordinator in supporting the mental well-being of guys into guys in the area.

## RESPONSIBILITIES AND TASKS

- Participate in training to acquire and practice active listening skills that are rooted in anti-oppression and MAX's values.
- Support individual community members by providing active listening, referrals to resources, and community connection while maintaining physical distancing (while COVID-19 distancing measures remain in effect)
- Provide peer support that respects the scope, capacities, and limits of the program.
- Participate in debrief sessions with program supervisors to ensure accountability and ongoing support of volunteers.

## QUALIFICATIONS

Required qualifications	Preferred qualifications
<ul style="list-style-type: none"><li>• A genuine passion for working with the LGBTQ communities</li><li>• An understanding of the social determinants of health</li><li>• Ability to communicate effectively (spoken, writing) in English or French</li><li>• Ability to use email, teleconferencing software (we will train you) and phone</li><li>• Access to phone plan that allows local calls, blocking caller ID (confidentiality), and/or web camera and microphone</li><li>• Ability to work as part of a team</li><li>• Well-grounded understanding of the importance of confidentiality and boundaries</li><li>• Ability and willingness to accept and utilize feedback from supervision</li><li>• Adhere to MAX's confidentiality policies and other relevant program and agency policies and procedures</li></ul>	<ul style="list-style-type: none"><li>• Ability to fluently speak French will be considered an asset</li><li>• Prior training in mental health or work experience in social service provision will be considered an asset</li><li>• Prior experience providing support as volunteer within an organization or care collective will be considered an asset</li></ul>

## EXPECTED TIME COMMITMENT

We ask that volunteers commit to a minimum of 4 hours a month and a maximum of 5 hours a week.

---

For more information on the position, or if you are interested in this opportunity, please email: [joel@maxottawa.ca](mailto:joel@maxottawa.ca). We don't require CVs for this position, but may send some questions about experience, interest, and availability. We will be conducting intake interviews with potential candidates.