

Dom/Sub: Dominant/Submissive. The person in the dominant role takes partial or total control over the person in the submissive role, that could involve: chains, ropes, whips, and handcuffs.

Fetish: A sexual interest in a specific object or act that is necessary to a person's sexual satisfaction.

Kink: Alternative sexual tastes, preferences, fantasies or behavior such as spanking and whipping.

HEALTH STATUS

Clean:** HIV-negative or not having any sexually transmitted and bloodborne infections.

*** We don't recommend using "dirty" vs. "clean" to describe health status. We do encourage knowing the status of your sexual partners.*

DDF:** Drug and Disease Free.

*** The term may sound harmful for people living with chronic illness.*

Poz/Positive: A person lives with HIV. Some put (+) sign or looking for Poz people

PrEP: Pre-Exposure Prophylaxis, also known as brand name Truvada. A medication that prevents the transmission of HIV from person to person.

PEP: Post-exposure Prophylaxis. A medication that reduces the risk of HIV transmission after a potential exposure to HIV, effective for those who may have been exposed in the last 24 to 72 hours.

Safe: Into safe sex only, such as using condoms and/or other protection.

















STI: Sexually Transmitted Infections.

STBBI: Sexually Transmitted and Blood-Borne Infections.

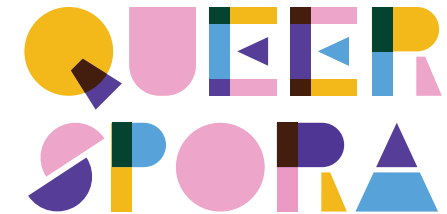
U=U: Undetectable = Untransmittable—a scientific consensus that someone who's HIV status is undetectable cannot pass HIV to their sexual partners.

EMOJIS

Are you left wondering why guys keep messaging about eggplants and peaches? Unless you're messaging about your latest cooking creation or favorite animals, using these emojis could mean something different.

| | |
|---|------------------------------|
|  | Interested in Fun |
|  | Scat Play |
|  | Fisting |
|  | Looking |
|  | Puppy Play |
|  | Pig Play |
|  | Smoke (usually crystal meth) |
|  | Cocaine |
|  | Butt |
|  | Penis |
|  | Paid for Service |
|  | Drugs (usually MDMA) |
|  | Golden Shower |
|  | PnP or Party and Play |
|  | Top |
|  | Bottom |

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Lingo



Welcome to Ottawa!

With LGBTQ+ communities, sometimes it can feel like they speak a different language altogether. Words some folks may use can mean something completely different to others. It's always better to ask than assume the definition of the term. We've made it a list of the terms guys use online—this is your sex-friendly LINGO.

Some of the terms carry stigma and will be marked with an asterisk (*). Stigma occurs when society labels someone as tainted or less desirable based on a variety of factors, such as culture, gender, race, and health. Stigma can cause illness and social isolation and delay accessing help, treatment and recovery.

Additional References

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COMMON PHRASES

Fun: To hook up or have sex.

Ghosting: Ignoring a date or hookup's text messages, leading to a cancellation of plans.

Host: The ability to have people come over. "You host" means they'll only come to you. Use it in a sentence: "I can't host, I have a roommate."

Drag Queen, Drag King: A performer who presents as another gender for fun and entertainment. A man performing as a woman can be called a "Drag Queen," and a woman performing as a man, a "Drag King."

Discreet or "down-low" (DL): Someone who is not comfortable publicizing their sexuality. They usually do not send pictures of their face to keep their identity private.

DTF: Down to fuck. Willingness to engage in a short-term, immediate sexual encounter.

Looking?: "Are you currently looking for a hookup?"

Mobile/ Travel: It means you can travel to meet by bus, car, or walk.

What are you into?/What do you like?: "What's your sexual preference (top/bottom/vers/other) and what do you generally want from a hookup?"

Quickie: Quick sex anywhere, sometimes at public places, offices or washrooms.

Sup: "What's up?" - a casual greeting replacing hey, or hello, or hi

Tribe: A classification system based on body type and physical characteristics, such as: Bear, Otter, Twink, Geek, Jock, Daddy, etc.

Trans/FTM/MTF: Someone whose gender identity is different from the one they were assigned at birth.

RULES OF ENGAGEMENT

LTR: Long term relationship. Intimate interpersonal relationships that may be long-term or lifelong.

NSA: No Strings Attached. The desire to have sex without the necessity of a friendship or a relationship.

Open Relationship: Maintaining relationships with multiple partners at the same time. Some people refer to that as polyamory.

Pump and Dump: A fast, unprotected sexual meeting between two guys.

SUBSTANCE USE

420-Friendly: Open to recreational use of cannabis, otherwise known as "weed," "pot," or "marijuana."

Booty Bumping: Mixing drugs, such as meth or cocaine, with water and inserting it into your butt.

PnP: Party and Play, sometimes referred to as chem-sex, or a question as: You party? Sexual activity while under the influence of drugs, such as crystal meth, GHB, or cocaine.

PREFERENCES

(=): Happy to meet up with HIV positive and HIV negative men.

Blindfold: Cover the eyes usually with a cloth during sex.

BDSM: A sexual interest in Bondage, Discipline, and Sadoomasochism practices or roleplay.

Bareback/BB: Having barrier-less penetrative sex.

This brochure was prepared and developed by LGBTQ newcomers in Ottawa with partnership between MAX Ottawa and Capital Rainbow Refuge.