

PEOPLE WHO USE SUBSTANCES CARE CARD

USE THIS CARD TO HELP FACILITATE AFFIRMING
CONVERSATIONS BETWEEN YOU AND YOUR CARE
PROVIDER(S)

PLEASE CALL ME:

I USE THIS NAME, EVEN IF IT DOES NOT MATCH
THE NAME ON MY HEALTH CARD / ID.

My pronouns are:

Regarding my health and wellness, I feel:

- safe at risk really needing help

I use (check all that apply):

- recreationally rarely often
 mainly with others mainly by myself
 for sex/ PnP for going out for relaxing
 by injecting by smoking
 by ingesting/consuming by boofing

The substances I use are:

I have been using for:

I am here because:

I have this pre-existing condition: